



**LOK  
KALYAN  
SAMITI**

**YEAR' 2023  
NEWS**

For Private Circulation Only



# 70th Foundation Year Anniversary





## From the Desk of the General Secretary

Greetings from Lok Kalyan Samiti!

Dear Donors,

It is always a pleasure to engage with you through this newsletter, and this time there is one big reason to feel good while talking about our organization. Esteemed friends and well-wishers, this year we are celebrating our 70th year of Foundation. This is indeed a proud milestone for all of us as we continue on the ideals and values propounded by our founder General Secretary Late Sh. Kalyan Singh Gupta Ji to keep our good work going.



The journey of Lok Kalyan Samiti from a make-shift office and a small volunteer group to an internationally renowned organization is no ordinary. We all must be proud of it. And, the credit for scripting this wonderful success story though goes to our founding General Secretary, but I would like say that it is a shared success of all those good people who from time to time came forward by way of donors, volunteers, well-wishers along with hundreds of workers and professionals, who believed in Late Gupta ji's vision and programs.

I must also mention here that his wife, Late Smt Kamlesh Gupta, herself a former General Secretary for five years, too stood shoulder to shoulder with him in this long journey. We have honored her by siting her bust in Sucheta Bhawan premise. This will be a constant reminder to all of us and our visitors of the immense contribution she made to the organization.

Lok Kalyan Samiti has been a dynamic organization from the word go and that's how our programs continue with integration of newer changes. I must talk a little about our Eye Care Program, which was started by Late Gupta ji in response to a national call for eradication of cataract blindness, has actually performed about 60,000 surgeries – all successfully. We are proud with the tag of 'Poor Man's Eye Hospital' and this is an important achievement of our 70+ years.

On this historic milestone, I would like to assure you all, that Lok Kalyan Samiti will continue the forward march of its journey rooted in that humble beginning and high national ideals, and touch more heights in coming years, of course with your encouraging support.

I would like to extend my congratulations to all of you and our whole LKS family on reaching this important milestone cast in pride and humility to serve the mankind in our own way.

With the auspicious festival of Diwali approaching, I would like to make this special appeal once again to all of you. Let's all think of inclusiveness and spare a thought for those who need our support to get back their eyesight, get that pulsating pain treated by physiotherapy, access alternative therapy doctor or get their child better educated. Your donations are important to us and our work, so please contribute generously.

Have a cheerful Deepawali!

**Mrs Harita Gupta**  
General Secretary

1. **70 Years of path-breaking welfare work**
  - **Some Milestones of the last 70 years:**
2. **Activities in the Current Year**
  - **Eye operation camps run to full capacity**
  - **Participation in the Yoga Day**
  - **Late Mrs. Kamlesh Gupta's bronze statute at LKS HQ**
  - **Bone Health Checkup Camp**
  - **New Hospital Management System Software**
  - **Shri N.K. Nigam, Secretary, LKS passes away**
  - **Nand Nagari activity calendar supplementing classroom learning**
  - **Important National & International Days**





## 70 Years of path-breaking welfare work

This year, Lok Kalyan Samiti (LKS), turns 70. To celebrate and mark this landmark in our journey, we present some of the historic moments of this great journey:

Rooted in the ideals of India's freedom movement and Gandhian worldview, Lok Kalyan Samiti started in 1952. Through social service, we have always sought practical public welfare interventions to alleviate the sufferings of people and empowerment of economically weaker communities through affordable healthcare, social development, and vocational as well remedial education.

From a humble beginning to an organization of national stature, LKS's journey is a treasured record of commitment and transformation; And, indeed lifetime effort of the founding General Secretary, Kalyan Singh Gupta (1923-2002). In recognition of the selfless services of Lok Kalyan Samiti, the award of PADMASHREE was conferred by the President of India in 1969 to Late Shri Kalyan Singh Gupta ji and our present General Secretary, Mrs. Harita Gupta was given the National Award 2009 for Child Welfare by the Ministry of Women and Child Development, Govt of India.



Kalyan Singh Gupta an economist by education having been educated at London School of Economics (LSE) returned to India in 1951 and started as a journalist. He was moved by the plight of homeless refugees (of partition) and in particular how they suffered during their illnesses on the roadside unhygienic shanties in desolate areas of Delhi. He gathered a few like-minded volunteers and together they provided the initial momentum.



To begin with they started only with 12 members in the team of volunteers, who paid

one rupee each to fund the activities. They hired a small room @ Rs. 25/- per month in Paharganj and arranged one medical doctor for two hours daily to attend to the local patients. Thus began the saga of arranging, mobilizing and providing free health check-ups, medicines for the low income and homeless sections among Pakistan refugees.



The work gradually started getting attention from social worker people and support started pouring in. The national leaders, who were in the know of the

selfless work and the untiring spirit of the "LKS Founders Team" also amplified its gradual course. Lok Kalyan Samiti had its proud moment when the first Prime Minister of India, Pandit Jawaharlal Nehru flagged off its mobile cycle dispensary.

As the work really spread and was welcomed, the need to have a proper centre was felt and the team started a proper healthcare Centre. After a piece of land was allotted to Lok Kalyan Samiti at the Rouse Avenue institutional area, the construction of a building started. It was named after Sucheta Kriplani as Sucheta Bhawan.

### Some Milestones of the last 70 years :

- **1952** : LKS People's Welfare Committee was founded with Rs. 12/- in hand to look after the Medicare needs of refugees.
- **1954** : People's Welfare Committee was registered under the Societies Act.
- **1955** : Started its first "Mobile Dispensary" on a bicycle.
- **1957** : Received the first big donation of Rs. 3000/- from the then Prime Minister, Late Pandit Jawaharlal Nehru towards purchase of a "Mobile Medical Van".

- **1960** : LKS's then office - from a garage at Jhandewalan in Delhi moved to the present site at Vishnu Digamber Marg (Rouse Avenue) near ITO. Then Vice President, Late Dr. S



Radhakrishnan laid the foundation stone of the present Building.



- **1964** : The hospital building was inaugurated by the then President, Late Dr. Zakir Hussain.
- **1967** : Started “The Eye Care Programme” by organizing screening camps and providing Spectacles.
- **1969** : In recognition of its Medicare services among the refugees and slum dwellers, Late Shri Kalyan Singh Gupta, the then General Secretary was conferred “Padma Shree” Award by the then President of India, Late Dr. Zakir Hussain.
- **1971** : An International honour came to LKS for its services towards refugees in the form of “A Special Award” by the Norwegian Refugee Council.
- **1975** : Started FREE eye operations in a major way. LKS's medical mobile teams visited Villages/Slums to do the screening for Cataract eye operations done at the Sucheta Bhavan hospital. Spectacles were also provided free to patients.
- **1975** : LKS started a Centre for slum dwellers at Nand Nagri – a large Urban Slum in East Delhi.
- **1978** : LKS opened a 2nd Centre at Chakkarpur, Gurgaon to look after the needs of the Elderly and the poor.
- **1990** : LKS's innovative efforts in mobilizing local resources made it fully self-sufficient
- **1996** : The state-of-the-art technique of Eye operations by “Phacoemulsification” (sutureless operation) was introduced in LKS.
- **1999** : 100% Tax Exemption was granted by the Govt of India to LKS on Eye care donations.
- **2002** : LKS's Golden Jubilee Year. Shri Kalyan Singh Gupta, General Secretary for 50 years passes away.
- **2003** : Congress President Smt Sonia Gandhi dedicates LKS's mobile eye care van at Sohna (Haryana) as part of the 50 years celebration.



- **2006** : A group of Noida-based well-wishers initiated 'a rupee a day to keep cataract away' scheme and collected special birthday donations.
- **2007** : The Chief Minister of Delhi, Smt Sheila Dikshit and the Mayor of Delhi Mr. Farhat Suri visited LKS and appreciated LKS's historical contribution to healthcare of the economically weaker section of society.
- 1000th Eye Operation camp held on 29th March 2007.
- **2009** : Retina Services started in LKS.
- **2010** : National Award 2009 for Child Welfare by the Ministry of Women and Child Development, Govt of India.
- **2011** : Launch of the Diabetes and Thyroid Care centre by Minister of Food & Civil Supplies (Govt of Delhi), Haroon Yusuf on 12th February 2011.
- **2012** : Launch of the “Physiotherapy Centre” by Principal Secretary, Ministry of Health & Family Welfare (Govt of Delhi), on 6th February 2012.
- **2021** : Digital X-Ray Machine inducted at LKS HO. Orthodontist Service started at HO w.e.f. Feb 2021. Online feedback through E-tablet was introduced in OPD to make further improvements in the services provided by LKS.
- **2022** : Distribution of E-Tablets to children in our school in Nand Nagri Centre for online education due to Covid pandemic.
- **2022** : LKS celebrates 75th Independence Day, takes part in Azadi Ka Amrit Mahotsav and holds 'best selfie & video competition our national flag' for the LKS Family to rekindle national and patriotic pride values.





## Activities in the Current Year

### Eye operation camps run to full capacity

Cataract by far remains a leading cause of preventable blindness and many a poor people suffer simply because either they are ignorant about the illness and don't seek treatment or they can't afford the surgery in private hospitals or long waiting queues in government hospitals. In this scenario, the cataract surgery camps by Lok Kalyan Samiti, which are free for beneficiaries and sponsored by benevolent donors and small donations of hundreds of people, has become an answer to this challenge in its own right.

Two camps every week, each month with an average of 30-40 patients per camp is a river that has been flowing for years together and restoring eyesight of hundreds, making them self-reliant and productive for remaining years of their lives. The river continues to flow till today.

In words of A Gopala Krishanan, a donor who resides in Mumbai, Lok Kalyan Samiti is doing excellent social work towards society by running this Hospital. "It is our pleasure to conduct Eye camp here. Everything is smoothly organized," he said.

Mastech Digital Private Ltd, a leading IT company under its CSR, sponsored several camps in the past months and a team



from the firm upon their visit and interactions with patients offered positive comments. "It was overall nice experience, we met doctors, manager and patients, all are doing a great job and this is so genuine. The patients are satisfied with the treatment and no complaint what so ever. Hospital staff are treated well and they are very happy about the whole process. We are privileged to associate with this cause," the team said in their comments.

Another donor, Shri V Muralidharan from Delhi in his comments noted, "Visited the patients operated upon and also saw the facility. Very well maintained and patients are happy about the treatment. The services are extremely good and staff helpful."

We have progressed satisfactorily all these months of



2023 with free eye camps going on in full strength and thank all our institutional sponsors and individuals, who are supporting some of these camps fully. This is a benevolent partnership where we bring the donors and beneficiaries together. The cause of alleviating suffering is the core of our philosophy.

### Fully Automated Bio-Chemistry Analyser

A Fully Automated Bio-Chemistry Analyser EM-200 Test Services have been started at Head Office and Chakkarpur Centre's Lab to give better services to the patients.



### Digital X-Ray Machine at Chakkarpur

Confirming to latest configurations to improve diagnostic services at the centre, a new Digital X-ray machine has been inducted at Chakkarpur centre.



### Independence Day celebrated

The 77th Independent Day on the eve of August 15, 2023, was celebrated across the Centres of Lok Kalyan Samiti with traditional fervor and patriotic ambience. The celebrations as per established practice including hoisting of National Flag, singing of National Anthem and marking the happy occasion of togetherness and solidarity, thus ending the programme with sweets.

The national flag at Chakkarpur was unfurled by Mr. Sanjiv Gupta.

The Nand Nagri Centre, which houses students in two shifts, celebrated the event twice in the day for girl and boys. The headmaster, Jaivir Tomar, briefed the students about the importance of the day and freedom as being enjoyed by all citizens of country and history of the freedom struggle behind it. He talked about freedom fighters. Some teachers also joined him in sending the message across.

The students, who always look forward to this celebration were excited, felt more motivated and interested as they stepped into song and dance activities planned for the day. The patriot songs, group dances and electrifying enthusiasm with sweets made the Day special for all of them.

**Participation in the Yoga Day**

Yoga, is undoubtedly emerging as one our best exports to the world from India and helping in promoting well-being of humanity. After the UN designation of June 21 as



the International Yoga Day, the spread of Yoga has been phenomenal. Ever since, Lok Kalyan Samiti too has formalized its celebration in its calendar of activities.



It is not limited to children at the Nand Nagri but everybody from staff to doctors and visitors participate in it. The same scene was witnessed at the Headquarters where staff, patients, and doctors actively participated in practicing yoga under the guidance of yoga Acharya Geeta Khulbe. Parvtasan, Mandook asan, Shashank asan, Bhujang asan, Naoka asan were some of the asans that participants enjoyed with curiosity and fun.

At Nand Nagri, all children also participated in Yoga session with great zest. The aim was to make them aware on mental health fitness, physical health fitness of mind, body and soul by practicing yoga. Teachers joined students in demonstrating certain asan.



**Late Mrs. Kamlesh Gupta's bronze statue at LKSHQ**

Late Mrs. Kamlesh Gupta, General Secretary of Lok Kalyan Samiti from 2002-2007, who played a pivotal role in the



formative years of the organization as the life partner of Shri K. S. Gupta, the founder General Secretary, and then took over from him following his death in 2002. In this way, she was, in fact, part and parcel of the first notable 50-year long journey of LKS.



As the cliché goes, there is a woman behind every successful man, Late Mrs. Kamlesh Gupta was the woman, who made Kalyan Singh realize his passion to build Lok Kalyan Samiti as an institution of national stature and standing. She is credited with several initiatives including starting direct mailing for donations, which have helped LKS broaden its base and expand its outreach. In fitness of her immense contribution to building of LKS as a reputed and sustainable organization, a bronze bust of her was sited at the headquarter of LKS in Sucheta Bhawan premises, in which her services and persona were fondly remembered and floral tributes paid in respect.

The bust will constantly remind all LKS workers, volunteers, visitors and associates of the affectionate role Mrs. Kamlesh Gupta, a refugee girl turned educationist and then as a voluntary sector leader played in her life.

**Bone Health Checkup Camp**

A Free Bone Mineral Density Health Checkup camp was held on Aug 25 in which tests were carried out on the patients who had registered for it. Bone density, or bone mineral density, is the amount of bone mineral in bone tissue. A bone density test may detect osteoporosis or osteopenia.

**New Hospital Management System Software**

Our modernization drive continues without a pause and this time we augmented the Chakkarpur facility by fully computerizing the counters. This will further streamline patients services and ease work of our staff.





OPD counters at Chakkarpur Centre (Gurgaon) of Lok Kalyan Samiti have been computerized and a Hospital Management System Software is powering their operation for seamless working. This will provide enhanced patient experience and bring in efficiency and help in the conservation of resources.

A special puja was also held as part of the programme of the day which included inauguration of computerized operations and unfurling of the national flag on eve of the Independence Day. Mr. Sanjiv Gupta who participated in the program was welcomed by Sh. Chander Bhan Yadav, the donor of the land. All staff members and volunteers joined in the special event.

### Shri N.K. Nigam, Secretary, LKS passes away

Mr. Nirmal K. Nigam, secretary of Lok Kalyan Samiti, passed away in the month of June 2023 at an age of 70. A retired professional from The Times Group's (The Times of India) Results and Marketing department, late Mr.



N. K. Nigam, had a long and extensive association with LKS. In fact, his father, was one of the Founding member of this association (LKS). We deeply mourn his death and pray for his noble soul.

### Nand Nagri activity calendar supplementing classroom learning

Our children oriented Nand Nagri Centre is an important platform for children and their parents for better learning. Parent teacher meetings, a regular monthly interaction, brings the element of personalized attention and also information exchange. Normal classroom and co-curricular activities are keeping children engaged and thus enhances their skills. The vocational Centre is also busy as usual and empowering the neighborhood community girls.

### Important National & International Days

Important National & International Days teach children beyond curriculum and LKS has integrated this lesson for years together. In fact the activity calendar made more inclusive and expansive over the years, has widened the horizons of children at the Nand Nagri. Under this program various celebrations and markings took place in the past months and included:

1. **Guru Purnima**, a day to pay respect to mentors and gurus. The Centre held an essay competition on the theme of 'Life and Teachings of Guru Nanak Dev', the first Guru of Sikhs and an important spiritual figure in Indian subcontinent. Children from class 6-10 participated in the competition held on July 3.
2. **World Pollution Day**, was marked on July 11 with teachers making presentations on the problem and challenges of pollution. Students were given some practical suggestions to contribute in reducing pollution.
3. **Kargil Vijay Divas**, is a day when the country members the martyrs of Kargil war of 1999 and celebrates the victory of India in the war. On the day, on July 26, teachers took special sessions and narrated the stories of brave soldier heroes, who evicted the Pakistanis from our mother land in Kargil of Jammu & Kashmir.
4. **Quit India Movement**, National Sports Day were the other important days marked by special sessions and activities by children at the Centre. Teachers told students about The Quit India Movement, also known as the Bharat Chhodo Andolan. It was launched the Bombay session of All India Congress Committee by Mahatma Gandhi on Aug 1942. Likewise, sports day was celebrated with games and talk on importance of spirits of life.

### Note

The following documents required from the donors for the FCRA bank account.

#### Payment mode through Online

Name of Donor, Email ID of Donor, Address of Donor, Mobile number and any Identity Proof of Individual Donor/Non Individual Donor.

#### Payment mode through Cheque

##### Individual Donors

1. Identity Proof of Individual Donor.
2. FEMA DECLARATION-cum-Undertaking.

\* Along with the above mentioned documents you need to deposit FEMA Declaration from the beneficiary (if one time FEMA Declaration option is not exercised).

##### Non Individual Donors

Any one of the below mentioned documents :

1. Certificate of Incorporation
2. Trade Registration
3. VAT Registration
4. Memorandum of Association
5. Any other Identification document issued by Government Authority of the respective country.

## You can send funds directly to our Bank Account

You can remit funds directly to our ICICI Bank account from your Bank account. Please note the banking details as given below :

Title of A/c : LOK KALYAN SAMITI  
A/c No. : 054801000477  
Name & Address : ICICI Bank Ltd., NBCC Place, Bhishm Pitamah Marg,  
Pragati Vihar, New Delhi-110003  
IFSC Code : ICIC0000548

### Information for Foreign Currency Donors

Foreign Currency donors can use SWIFT Code which is **SBININBB104** for credit to Saving bank A/c No. **40239877493** of Lok Kalyan Samiti with State Bank of India, FCRA Cell, 4th Floor, State Bank of India, New Delhi Main Branch, 11, Sansad Marg, New Delhi-110001.

**Branch Code : 00691, IFSC Code of Bank's Branch : SBIN0000691.**

*Please advise us details of your remittance separately i.e. Name/Address/Cheque No/Amount etc.*

### You can now pay Donations Online/

Apart from donating through our website <https://lokkalyansamiti.org> you can send donation either directly to our bank or through - Payment wallet /UPI- Paytm, Google Pay, BharatPe etc. (No. 9871006976) OR Scan the QR Code.  
**Please do inform us by WhatsApp message on 9871006976 about your donation through Paytm/Bank transfer.**



## YES, I WANT TO SUPPORT...

- Contribution for ..... Full Eye Operation Camps @₹75,000/- per camp\*
- ₹35,000/- (Partial cost of eye camp)\*
- Contribution for ..... Operation @₹5,000/- per operation\*
- Contribution for ..... Children @₹5,000/- per child per year\*
- Contribution for infrastructure fund\*

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Mobile : \_\_\_\_\_

E-mail \_\_\_\_\_ PAN No. \_\_\_\_\_

Date of Birth \_\_\_\_\_ Marriage Anni. Date \_\_\_\_\_

*\*50% exemption u/s 80G of Income Tax Act*


### Registered under the Societies Act XXI of 1860


Sucheta Bhawan, 11-A, Vishnu Digamber Marg, New Delhi - 110002 (India)

Tel.: 011-23235505/23230685/23234564

E-mail : [info@lokkalyansamiti.org](mailto:info@lokkalyansamiti.org)

Website : [www.lokkalyansamiti.org](http://www.lokkalyansamiti.org)

 LokKalyanSamiti

 [lok-kalyan-samiti](https://www.linkedin.com/company/lok-kalyan-samiti)



**LOK  
KALYAN  
SAMITI**

